

Rights of the child in the case of parental conflict

I HAVE THE RIGHT TO :

1. Love both of my parents and not have to choose
2. Telephone or write to my parent with whom I am not living
3. Not serve as a messenger or « spy » between my parents
4. Not be a witness to my parents arguments or to hear one criticize the other
5. Remain in contact with the other members of the families of both my parents
6. Take time, without pressure, to accept my parents' the new spouse
7. Talk to one of my parents about pleasant activities that I did with my other parent
8. Like or have fun with my parents' new spouses without feeling guilty or having the impression of having betrayed my parent
9. Receive gifts (clothes, toys...) from each of my parents or parents-in-law
10. Remain a child and not be preoccupied by adult matters



IT IS MY RESPONSIBILITY TO :

1. Express what I feel if I feel the need
2. Say that I don't agree to do something that my parent asks me to do that could make my other parent unhappy
3. Remain respectful towards my parents and others around me

